

**2016 HONORS & AWARDS**

**ALL- CONFERENCE HONORS**

BOYS	GIRLS
<b>FIRST TEAM</b> Travis Reiter	<b>FIRST TEAM</b> Jacqueline Hinz      Lauren Vosters
<b>SECOND TEAM</b> Luke Vosters      Joe Lezotte Dwight Green	<b>SECOND TEAM</b> Liz Murphy      Rayna Stordahl
<b>HONORABLE MENTION</b> Devin Baumgart      Koy Murphy	<b>HONORABLE MENTION</b>

**ALL- STATE HONORS**

BOYS	GIRLS
<b>SECOND TEAM</b> Travis Reiter	<b>SECOND TEAM</b> Lauren Vosters
<b>HONORABLE MENTION</b>	<b>HONORABLE MENTION</b> Jacqueline Hinz

**POST CRESCENT ALL-AREA CROSS COUNTRY TEAM**

BOYS	GIRLS
<b>FIRST TEAM</b> Travis Reiter	<b>FIRST TEAM</b> Jacqueline Hinz      Lauren Vosters
<b>Honorable Mention</b>	<b>Honorable Mention</b> Liz Murphy      Rayna Stordahl Abby Murphy      Missy Hofacker Josie Knuth

**TEAM CAPTAINS**

BOYS	GIRLS
Travis Reiter      Dwight Green	Abby Senso      Jacqueline Hinz

**SEASON AWARDS**

BOYS	GIRLS
<b>MVP</b> Travis Reiter	<b>MVP</b> Jacqueline Hinz
<b>Most Improved</b> Andy Edelburg	<b>MVP</b> Lauren Vosters
<b>Irish Spirit Award</b> Luke Vosters	<b>Most Improved</b> Abby Senso
<b>Perserverance Award</b> Garrison Murphy	<b>Irish Spirit Award</b> Gracie Wendt
	<b>Perserverance Award</b> Abby Murphy
	<b>Rookie Award</b> Liz Murphy
	<b>Rookie Award</b> Rayna Stordahl

**SCHOLARSHIPS**

FREEDOM RUNNING CLUB
Travis Reiter      Luke Vosters

## 2015 HONORS & AWARDS

### ALL- CONFERENCE HONORS

#### BOYS

##### FIRST TEAM

Travis Reiter

##### SECOND TEAM

##### HONORABLE MENTION

Devin Baumgart

Sean Murphy

Dwight Green

Luke Vosters

#### GIRLS

##### FIRST TEAM

Jacqueline Hinz

Lauren Vosters

##### SECOND TEAM

Abby Murphy

##### HONORABLE MENTION

Jordan Van Camp

Caitlyn Verhasselt

### POST CRESCENT ALL-AREA CROSS COUNTRY TEAM

#### BOYS

##### FIRST TEAM

##### Honorable Mention

#### GIRLS

##### FIRST TEAM

##### Honorable Mention

### TEAM CAPTAINS

#### BOYS

Travis Reiter

#### GIRLS

Jordan Van Camp

Jacqueline Hinz

### SEASON AWARDS

#### BOYS

##### MVP

Travis Reiter

##### Most Improved

Luke Vosters

##### Irish Spirit Award

Mason Van Rossum

##### Perserverance Award

Alex Rohan

##### Rookie Award

Devin Baumgart

#### GIRLS

##### MVP

Jacqueline Hinz

##### Most Improved

Keirsten Mulder

##### Irish Spirit Award

Jade Vosters

##### Perserverance Award

Leah Koepke

##### Rookie Award

Lauren Vosters

### SCHOLARSHIPS

#### FREEDOM RUNNING CLUB

Jordan Van Camp

**2014 HONORS & AWARDS**

**ALL- CONFERENCE HONORS**

<b>BOYS</b>	<b>GIRLS</b>
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<b>FIRST TEAM</b>	<b>FIRST TEAM</b>
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Samuel Hinz

Lauren Peters

Jacqueline Hinz      Jordan Van Camp

<b>SECOND TEAM</b>	<b>SECOND TEAM</b>
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Kevin Reiter      Travis Reiter  
Pete Lemmers

<b>HONORABLE MENTION</b>	<b>HONORABLE MENTION</b>
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Ben Heacock

Abby Murphy

**POST CRESCENT ALL-AREA CROSS COUNTRY TEAM**

<b>BOYS</b>	<b>GIRLS</b>
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<b>FIRST TEAM</b>	<b>FIRST TEAM</b>
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Sam Hinz

Lauren Peters

<b>Honorable Mention</b>	<b>Honorable Mention</b>
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Kevin Reiter      Travis Reiter  
Pete Lemmers

Jaci Hinz

**TEAM CAPTAINS**

<b>BOYS</b>	<b>GIRLS</b>
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Sam Hinz      Kevin Reiter  
Ramsey Bloy

Lauren Peters      Erika Lewin

**SEASON AWARDS**

<b>BOYS</b>	<b>GIRLS</b>
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MVP      Sam Hinz  
Most Improved      Kevin Zoromski  
Most Improved      Luke Vosters  
Perserverance Award      Ramsey Bloy  
Unsung Hero Award      Jake Vosters

MVP      Lauren Peters  
Most Improved      Jordan Van Camp  
Irish Spirit Award      Abby Senso  
Perserverance Award      Josie Knuth  
Rookie Award      Jaci Hinz  
Rookie Award      Abby Murphy

**SCHOLARSHIPS**

<b>JIM LARDNOIS SCHOLARSHIP</b>	<b>FREEDOM RUNNING CLUB SCHOLARSHIP</b>
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Sam Hinz      Lauren Peters

Kevin Reiter      Pete Lemmers

## 2013 HONORS & AWARDS

### ALL- CONFERENCE HONORS

#### BOYS

#### GIRLS

#### FIRST TEAM

Matt Vosters      Sam Hinz  
Ryan Lemmers      Levi Jadin

#### FIRST TEAM

Lauren Peters

#### SECOND TEAM

#### SECOND TEAM

Hailey Haen

#### HONORABLE MENTION

Jacob Green

#### HONORABLE MENTION

### POST CRESCENT ALL-AREA CROSS COUNTRY TEAM

#### BOYS

#### GIRLS

#### FIRST TEAM

Matt Vosters      Sam Hinz

#### FIRST TEAM

Lauren Peters

#### SECOND TEAM

Ryan Lemmers

#### SECOND TEAM

### WCCCA District 4 Awards

Boys Coach of the Year

Thain Jones

### TEAM CAPTAINS

#### BOYS

#### GIRLS

Matt Vosters      Ryan Lemmers

Kim Runge

### SEASON AWARDS

#### BOYS

#### GIRLS

MVP	Sam Hinz	MVP	Lauren Peters
Most Improved	Jake Zoromski	Most Improved	Courtney Weihing
Irish Spirit Award	Ryan Lemmers	Irish Spirit Award	Hailey Haen
Perserverance Award	Kevin Reiter	Perserverance Award	Kara Zuleger
Rookie Award	Travis Reiter	Rookie Award	Abby Senso

### SCHOLARSHIPS

#### JIM LARDNOIS SCHOLARSHIP

Matt Vosters      Ryan Lemmers

#### FREEDOM RUNNING CLUB SCHOLARSHIP

Hailey Haen, Jacob Green, Levi Jadin

## 2012 HONORS & AWARDS

### ALL- CONFERENCE HONORS

#### BOYS

#### GIRLS

#### FIRST TEAM

Joseph Hinz, Matt Vosters, Sam Hinz  
Jacob Brickner                  Levi Jadin

#### FIRST TEAM

Liz Bloy                          Lauren Peters

#### SECOND TEAM

Ryan Lemmers                  Jacob Green

#### SECOND TEAM

Kendra Johnson                  Hailey Haen

#### HONORABLE MENTION

#### HONORABLE MENTION

Jordan Van Camp

### POST CRESCENT ALL-AREA CROSS COUNTRY TEAM

#### BOYS

#### GIRLS

#### FIRST TEAM

Matt Vosters, Joseph Hinz, Sam Hinz

#### FIRST TEAM

Liz Bloy

#### SECOND TEAM

Ryan Lemmers                  Jacob Brickner

#### SECOND TEAM

Lauren Peters

### WCCCA District 4 Awards

#### Girls Runner of the Year

Liz Bloy

#### Boys Coach of the Year

Thain Jones

### TEAM CAPTAINS

#### BOYS

Joseph Hinz, Jacob Brickner, Zach Hofacker

#### GIRLS

Liz Bloy, Kendra Johnson, Alison Bos

### SEASON AWARDS

#### BOYS

#### GIRLS

MVP                  Matt Vosters

MVP                  Liz Bloy

Most Improved                  Nick Klarner

Most Improved                  Kayla Kaminski

Irish Spirit Award                  Sam Hinz

Irish Spirit Award                  Lauren Peters

Perseverance Award                  Davis Hicks-Klund

Perseverance Award                  Bridget Bowers

### SCHOLARSHIPS

#### JIM LARDNOIS SCHOLARSHIP

Joseph Hinz                  Liz Bloy

#### FREEDOM RUNNING CLUB SCHOLARSHIP

Kendra Johnson, Alison Bos, Jacob Brickner

## 2011 HONORS & AWARDS

### ALL- CONFERENCE HONORS

#### BOYS

#### GIRLS

#### FIRST TEAM

Jacob Brickner, Matt Vosters, Sam Hinz

#### FIRST TEAM

Liz Bloy                      Lauren Peters

#### SECOND TEAM

Eric Sajdak                  Ryan Lemmers  
Joseph Hinz                  Jacob Green

#### SECOND TEAM

Kendra Johnson              Hailey Haen  
Tayler Woelz

#### HONORABLE MENTION

#### HONORABLE MENTION

Aliskwet Ellis

### POST CRESCENT ALL-AREA CROSS COUNTRY TEAM

#### BOYS

#### GIRLS

#### FIRST TEAM

Jacob Brickner

#### FIRST TEAM

Liz Bloy

#### SECOND TEAM

Matt Vosters

#### SECOND TEAM

Lauren Peters

### TEAM CAPTAINS

#### BOYS

Eric Sajdak

#### GIRLS

Tayler Woelz

### SEASON AWARDS

#### BOYS

MVP                  Jacob Brickner  
Most Improved      Ryan Lemmers  
Irish Spirit Award    Erick Sajdak  
Perserverance Award    Thomas Smith

#### GIRLS

MVP                  Liz Bloy  
Most Improved      Bridget Bowers  
Irish Spirit Award    Tayler Woelz  
Perserverance Award    Lauren Peters

### SCHOLARSHIPS

#### JIM LARDNOIS SCHOLARSHIP

Eric Sajdak                  Tayler Woelz

#### FREEDOM RUNNING CLUB SCHOLARSHIP

Thomas Smith & Justin Klarner

## 2010 HONORS & AWARDS

### ALL- CONFERENCE HONORS

#### BOYS

#### GIRLS

#### FIRST TEAM

Logan Jadin      Joseph Hinz

#### FIRST TEAM

Liz Bloy

#### SECOND TEAM

Matt Vosters

#### SECOND TEAM

Tayler Woelz      Hailey Haen

#### HONORABLE MENTION

Eric Sajdak      Jacob Brickner

#### HONORABLE MENTION

Alison Bos      Kylee Verhasselt

### POST CRESCENT ALL-AREA CROSS COUNTRY TEAM

#### BOYS

#### GIRLS

#### SECOND TEAM

Logan Jadin

#### SECOND TEAM

Liz Bloy

### TEAM CAPTAINS

#### BOYS

#### GIRLS

Logan Jadin, Hunter Bloy, Adam Philibeck

Kylee Verhasselt

### SEASON AWARDS

#### BOYS

#### GIRLS

MVP      Logan Jadin

MVP      Liz Bloy

Most Improved      Adam Philibeck

Most Improved      Kendra Johnson

Irish Spirit Award      Hunter Bloy

Irish Spirit Award      Tayler Woelz

Perserverance Award      Luke Zoromski

Perserverance Award      Kylee Verhasselt

### SCHOLARSHIPS

#### JIM LARDNOIS SCHOLARSHIP

Logan Jadin      Kylee Verhasselt

#### FREEDOM RUNNING CLUB SCHOLARSHIP

Tyler Jensen